

INDEPENDENT LIVING PROGRAM
2020 REPORT ON EXECUTION OF SERVICES

REPORT ON EXECUTION OF SERVICES

A The Service Provider shall submit a quarterly report to accompany each quarterly invoice for the first, second, and third quarters of each calendar year. The quarterly report shall provide information on the number of clients served in the quarter and the percent of clients served who were Bainbridge Island residents.

B. Information for the fourth quarter shall be provided within an annual report. The Service Provider shall submit an annual report prior to or accompanying its fourth quarter invoice for each calendar year. For 2020 activities, the annual report will be due on January 15, 2021. In each annual report, the Service Provider shall:

1. Summarize the activities undertaken in providing the scope of services described in Attachment A1.

The Independent Living Program (IL) provides financially eligible Bainbridge Island residents the means and resources to modify and sustain their independence by providing necessary health and safety home improvements. Program project management assists with developing a scope of work, safety assessments, estimating, contracting, and seeing projects to completion. Qualified projects are designed to improve accessibility to the home; reduce the risk of falls; and restore deteriorating conditions and affecting the functionality of the home.

Projects are funded by a Human Services Grant from the City of Bainbridge Island. Authorized expenses for Direct Services (contracted services, materials, and supplies) are paid directly to contractors and suppliers. Direct Service spending is limited to \$6,000 per household. Bainbridge Island renters as well as homeowners are eligible to apply for Independent Living home modifications. There is no age restriction to apply. Resident households earning less than 80% of Kitsap County AMI as determined by HUD are eligible for grant funding. 2020 funding recipients earned less than 50% of Kitsap County AMI.

Funding for projects is increased by donations, discounted contracting services, and application to grant programs. Last year \$8,500 was received in grant dollars and donations.

2020 Scope of services

Thirteen households benefitted from modifications in 2020. Most were households occupied by single residents over the age of sixty-five. Most are experiencing limitations of aging and reduced income. Six have some disability. Four single person households received safety modifications enabling safe rehabilitation at home following hospitalization.

- Access stairs and handrails were improved for three senior households home bound due to medical conditions. Grab bars were installed. In one situation materials from a previously installed ramp were adapted.

- A 50-year-old bathroom was renovated with the shower stall and toilet replaced. Undertaking the project, it was found that water intrusion had affected the subfloor and joists. This was corrected and flooring supplied by the owner was installed.
- Repairs replaced deteriorating deck boards improving access to a home. Of added concern were unsecure support piers and inadequate railing supports. Guard railing and piers were replaced.
- A senior recovering from severe injury returned home to second floor living expecting to be non-weightbearing for as long as six months. The stair exit was unsafe and required permitting to be reconstructed, a costly effort requiring design approvals. A tiered front deck leading to the yard and drive was fitted with parallel guardrails to support exit to the yard and drive. As circumstances allow IL offers to contribute to improving the entry stairs.
- An efficient heat/air conditioning system was installed for a client with complex health issues. The client was residing without a heat source for some time.
- An individual unable to locate affordable housing is assisted with physical access to RV living so family and service providers can be of assistance following surgery.

As in past program years an occupational therapist assessed the individual safety requirements of clients and made recommendations until restrictions of the pandemic set in. With the pandemic IL recommendations met immediate needs with our expertise and the experience of licensed and insured contractors. When restrictions are decreased 2020 clients will be contacted regarding the need for OT assessment and additional services.

2. Reference the project objectives identified in Attachment A1. Were those objectives achieved? Why or why not? Were there any unexpected positive outcomes or challenges?

IL progress on proposed projects was dominated by the restrictions of Covid-19. Larger projects were assessed and proposed before the risks of COVID-19 were determined in March. They were completed with all precautions. Following CDC guidelines, a way was accepted to proceed with work considered essential. Urgent requests were resolved. As covid-19 exposure increased program efforts were stalled. Efforts were eased by involved contractors who also made sure guidelines were followed. On any given workday clients and contractors checked in on each other's wellbeing with the option to reschedule. Supplies and deliveries were not always readily available causing delay.

Positive outcomes: Accessibility was made safer with the installation of secure stairs, walkways, and grab bars. Functionality of several homes was restored by bathroom rehabilitation: and in one situation installation of a heat source. The program successfully made health and safety adaptations for Bainbridge Island residents to endure the pandemic with reduced fall risk while reducing isolation.

3. Reference the specific measurable results identified in Attachment A. Were they achieved? If not, what challenges prevented the achievement of the anticipated results? How many Bainbridge Island residents were served? Are conditions for those residents generally improving or worsening?

Reference Attachment A1.

In 2019 Direct Services served Bainbridge Island residents exclusively.

Measurable results: Results are dependent on available funding for the program.

Referrals and contacts are reduced under COVID-19 concerns. Three requests are carried forward to 2021. IL will be checking in with 2020 clients for additional needs and OT visits where recommended.

In 2020 the program served seniors well into their eighties and nineties, longtime residents of the Bainbridge Island community. IL modifications conserve assets and preserve housing for residents on a fixed income. Clients benefitted from continuing to live independently in their community near family and familiar supports. A 2020 grant recipient seriously felt sale of his modest home rather than contracting complex repairs would free him to rent; he could not find an affordable rental in the area.

An increasing challenge to serving aging, longterm residents is a lifetime accumulation of stuff, clutter. Many are hoarding situations in need of very long term counseling to remedy. This concern, sometimes not alterable: masks infestations; contributes to moisture and mold issues; interferes with air quality. It is a fire hazard which may conceal needed maintenance repairs and endanger neighbors. IL works with occupants, family, and friends to contain situations which if severe can prevent repairs. When Covid-19 is managed IL will return to an effort with BIFD to employ assistance with reducing clutter in these situations. In 2020 several of these situations were encountered.

It is anticipated the need for the IL program will continue and is likely to increase due to the increasing senior population residing on Bainbridge Island.

4. Describe the involvement of any partners identified in Attachment A, as well as any unexpected cooperative relationships that developed through implementation of the project. Did the City funding help the Service Provider attract additional funding or other types of support?

Human Services funding attracts the generous support of contractors employed by Independent Living.

In 2020 HRB continued to seek and apply to appropriate grant programs. IL work received private cash donations. Contractors made generous donations of services and materials on two projects. 2020 grant funding for Direct Services is nearly expended.

KCR's Weatherization Program continues to be a strong partner for Bis homeowners in need of energy and insulation upgrades. In some cases health and safety needs due to deferred maintenance are also improved under the KCR program. IL is carrying forward to 2021 a BI home with eligible needs. Two additional 2020 households are assisted with qualifying.

In the community IL has an ongoing relationship with Helpline House to provide counseling, durable medical equipment, and on occasion additional funding sources. IL Clients in need of supports at home

or transportation are referred to Island Volunteer Caregivers for connected services. With the pandemic this connection has assisted IL program application, and reduced isolation while limiting exposure.

- Reference the project budget specified in Attachment A2. Provide an analysis of actual expenses and income in relation to the projected budget.

See Attachment A2

- Provide a short description of how the City funding has helped the Service Provider or helped the community, including any quotes or stories related to this support.

Remarks and quotes from 2020:

“I no longer struggle to get by without heat. It’s wonderful to wake up warm in my own home.”

“Stair rail and supports to traverse a stone walkway are spectacular.”

“-thank you for bringing resources and improvements to our family home during a health crisis compounded by Covid-19.”

- Provide recommendations, if any, that the Service Provider may have regarding future funding Cycles.

Hopefully, the program can be expanded and continues to be a vital way to preserve safe, affordable housing.

Attachment A1

HOUSING RESOURCES BAINBRIDGE INDEPENDENT LIVING		
OUTPUTS AND OUTCOMES CHART		
Program Activities or Services	Annual Goal: Unduplicated Bainbridge Residents Served (Outputs)	Outcome of Receiving this Program/Service. (Outcomes)
Independent Living Program	9-12 Residents provided full scope Independent Living projects. 30-40 Residents provided referrals to resources	13 projects supported 17 Bainbridge Residents to reside independently at home with safety, accessibility, and health modifications. Files are maintained on each project and household during and after the work is completed. Additionally, 18 contacts received information on resources and referrals specific to their situation.

